

Regional Institute of Medical Sciences, Imphal

One month Foundation Course (First Professional MBBS Course) starting from 1st August 2019

Day	8-9	9-10	10-11	11-12	Lunch 12-1	1-2	2-3	3-4
1	O (1-4) <ul style="list-style-type: none"> • Fellowship • Welcome of the new batch of students (to be attended by administrators, teachers and parents of the students) • Oath taking by the Dean (Academic) 					O (5-7) Visit in groups to <ul style="list-style-type: none"> • Departments /Hospital/Lecture theatres • Library/Hostels • Indoor and outdoor sports facilities 		
2	O(8) The Medical profession- an introduction	O (9-10) MBBS program (Narrative)	O (11) Medical ethics, Attitude and Professionalism			O(12-14) Role of a physician in the society (Interaction with renowned Senior Doctors – Physician/Surgeon/Administrator at Mini Auditorium)		
3	O(15) Introduction to Hospital based health care	O(16) Introduction to Community or extension based health care	O(17) Medicine as a Career	O(18) Alternative health care systems/ methods		O(19-21) National Health priorities/programme		
4	O(22-23) Introduction to <ul style="list-style-type: none"> • Biohazards safety • Patient's safety • Universal precautions/vaccination 		O(24-25) Visit in groups to <ul style="list-style-type: none"> • Biomedical waste collection and management sites 			O(26) Importance of Medical Record	O(27-28) Visit in groups to <ul style="list-style-type: none"> • Medical Record Department • Medical store • Animal house 	
5	O(29) Introduction to common teaching methodologies for medical courses Part –I	O(30) Introduction to common teaching methodologies for medical courses Part –II	EC(1-2) Extracurricular activities (Medical Photography)			SD (1-3) First Aid – theory cum demonstration in groups		
6	FV(1-4) Field visit (Rural Health Centre) in groups					LL(1-2) Local language #		S1 Aerobic/Yoga

7	SD (4) Time management skill	LL(3-5) Local language #		SD (5-7) First Aid – theory cum demonstration in groups	
8	SD(8) Stress management skill	LL(6-8) Local language #		LL(9) Local language #	S(2 -3) Sports (indoor)
9	SD(9) Communication skill	SD(10-12) Visit to OPD		SD (13-15) First Aid – theory cum demonstration in groups	
10	SD(16) Library skills & Use of IT	LL(10-12)) Local language #		LL(13-14) Local language #	S4 Aerobic/Yoga
11	SD(17) Interpersonal relationship skills	SD(18-20) Visit to OPD		SD(21-23) First Aid – theory cum demonstration in groups	
12	AETCOM (1-2)	EC(3-4) Extracurricular activities (drawing/painting)		SD(24-26) Basic life support - theory cum demonstration in groups	
13	FV(5-8) Field visit (Urban Health Centre) in groups			LL(15-16) Local language #	S5 Aerobic/Yoga
14	EL(1-2) English language	AETCOM (3-4)		SD(27-29) Basic life support- theory cum demonstration in groups	
15	EL(3-4) English language	CS(1-2) Computer skill (e-classroom)		LL(17) Local language	S(6-7) Sports (outdoor)
16	AETCOM (5-6)	CS(3-4) Computer skill (e-classroom)		SD(30-32) Basic life support - theory cum demonstration in groups	
17	CS(5-6) Computer skill (e-classroom)	AETCOM (7-8)		LL(18-19) Local language #	S8 Aerobic/Yoga
18	AETCOM (9-10)	EL (5-6) English language		SD (33-35) Assessment of Basic life support	
19	EL (7-8) English language	EC (3 -4) Extracurricular activities (Talent show)		LL(20-21) Local language #	S9 Aerobic/Yoga

20	CS(7-8) Computer skill (e-classroom)	EL9-10 English language		LL(22-24) Local language #	
21	CS(9-10) Computer skill (e-classroom)	EC (5-6) Extracurricular activities (debate on a contemporary issue)		LL(25) Local language	S(10 -11) Sports (outdoor)
22	LL(26-27) Local language proficiency test in groups	EC(9 -10) Extracurricular activities – Quiz on Foundation course contents		L(28-30) Local language – Local language proficiency test in groups	

Local students will be facilitators for the local language classes

- Orientation (O)=30 hrs
- Skill Module (SM)=35 hrs
- Field Visit (FV)=8 hrs
- Sports & extracurricular activities (22 hrs) : Sports(S)=11, Extra-curricular(EC) =11
- Language & Computer Science (50 hrs): Local language (LL)=30, English language (EL)=10, Computer Science (CS)=10
- AETCOM=10

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